



Healing HeArts

Trauma alters brain chemistry.
It changes DNA.
We fix it.



St. Clair Butterfly Foundation (SCBF) provides:

- Expressive arts programs to help children process emotions and heal from trauma.
- Trauma-informed training for educators to support a safe and nurturing learning environment for all students.



A lack of treatment and intervention due to ACEs costs society more than **\$458 billion** each year according to the CDC.

According to the National Survey of Children’s Exposure to Violence, **over 60% of children from birth to 17 years** of age experience some form of victimization, and **38% witness violence at some point during their childhood** (Finkelhor et al., 2015).

INDIVIDUALS EXPOSED TO 4+ ADVERSE CHILDHOOD EXPERIENCES* (ACEs) ARE:

- 2.4 X** more likely to have a stroke
- 2 X** more likely to have cancer
- 12 X** more likely to attempt suicide
- 7 X** more likely to become an alcoholic
- 80 X** more likely to suffer from depression

*Based on a 10 point scale

100% of SCBF 8th grade participants graduated to high school, while only 89% of 8th graders not enrolled in SCBF programs graduated to high school.

100% of high school seniors in SCBF programs graduated during the 2019-2020 school year, compared to just 73% of the remaining high school seniors.

Incidence of detention, suspension, and expulsion dropped by 80% in 2016-2019.

Absences lessened by 32%.

There was a 90% decrease in violent behavior among students participating in at least one SCBF program.

High school students enrolled in at least one SCBF Program averaged a .8 increase in their GPA after just one semester.

16 years, 20,000 young people and families served

SCBF.org

